

PATIENT INFORMATION

Name _____ Date _____

Birth Date _____ Marital Status _____ Spouse _____

Height _____ Weight _____ Right Handed Left Handed

Are you involved in a lawsuit or litigation? Yes No If yes, attorney's name: _____

EMPLOYMENT INFORMATION

Employer _____

Current Job Title _____

Describe your job in detail: _____

How long have you been doing this job? _____ How long have you been employed in the same company? _____

Do you think you are able to work now? Yes (regular job) Yes (restricted job) No

Where did you work before? _____ How long did you work there? _____

What were your job responsibilities? _____

Highest school grade completed: _____ Can you read? _____ Can you write? _____

CHIEF COMPLAINT

What were you doing when the pain started?

- Lifting
- Twisting
- Bending
- Pulling
- Falling
- Hit in the back
- Car accident
- Sports
- Working
- No apparent injury

Other: _____

Describe what happened in detail:

What makes your pain better or worse?

- | | | | |
|---------------------|---------------------------------|--------------------------------|------------------------------------|
| Twisting | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Bending | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Sitting | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Standing | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Walking | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Lying down | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Coughing / sneezing | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Bowel movements | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Pain pills | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Muscle relaxants | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |
| Aspirin | <input type="checkbox"/> better | <input type="checkbox"/> worse | <input type="checkbox"/> no change |

Other _____

Why are you seeking treatment? What goal do you wish to achieve?

Do you have a strong support system (family or close friends who assist you)? Yes No

Do you have a spouse of children or other family members you are responsible for? Yes No

Who? _____

Are you able to fulfill all of your responsibilities? Yes No

Have there been any big changes in your life recently (death, divorce, etc.)? Yes No

If yes, describe: _____

What are your current activities? (include hobbies)

Is this a change from your previous level of activity? Yes No

If yes, in what way? _____

HISTORY

Do you have back/neck pain only? Yes No

Do you have arm/leg pain? Yes No

Do you have numbness? Yes No If yes, where: _____

Do you have tingling? Yes No If yes, where: _____

Did the pain start suddenly? Yes No If yes, date: _____

Is the pain constant? Yes No

Do you have trouble sleeping? Yes No

Do you sleep on a waterbed? Yes No

Have you ever been treated for back/neck trouble before? Yes No If yes, by whom: _____

What was the treatment? _____

Who is your family doctor? _____

CURRENT MEDICATIONS Please list dose and frequency. (Ex: Aspirin – 325mg – 2 times daily)

Have you had any of these tests?

X-rays	Where: _____	When: _____
CT scan	Where: _____	When: _____
MRI	Where: _____	When: _____
EMG	Where: _____	When: _____
Myelogram	Where: _____	When: _____
Bone scan	Where: _____	When: _____
Discogram	Where: _____	When: _____
Other	Where: _____	When: _____

Do you have any allergies? Yes No

If yes, please list and note type of reaction. (Ex: What happened when you took this drug?)

Do you smoke? Yes No If yes, how much? _____

Do you drink alcoholic beverages? Yes No If yes, how much? _____

Do you have any of the following?

Diabetes	<input type="checkbox"/> Yes <input type="checkbox"/> No	High blood pressure	<input type="checkbox"/> Yes <input type="checkbox"/> No
Heart problems	<input type="checkbox"/> Yes <input type="checkbox"/> No	Kidney disease	<input type="checkbox"/> Yes <input type="checkbox"/> No
Liver disease	<input type="checkbox"/> Yes <input type="checkbox"/> No	Breathing problems	<input type="checkbox"/> Yes <input type="checkbox"/> No
Cancer	<input type="checkbox"/> Yes <input type="checkbox"/> No	Arthritis	<input type="checkbox"/> Yes <input type="checkbox"/> No
Epilepsy	<input type="checkbox"/> Yes <input type="checkbox"/> No	Stomach problems / Ulcers	<input type="checkbox"/> Yes <input type="checkbox"/> No
Bowel problems	<input type="checkbox"/> Yes <input type="checkbox"/> No		

If yes, what kind? _____

Bladder problems Yes No

If yes, what kind? _____

Sexual difficulty since your back/neck problems? Yes No

Weight loss/gain? Yes No If yes, how much? _____

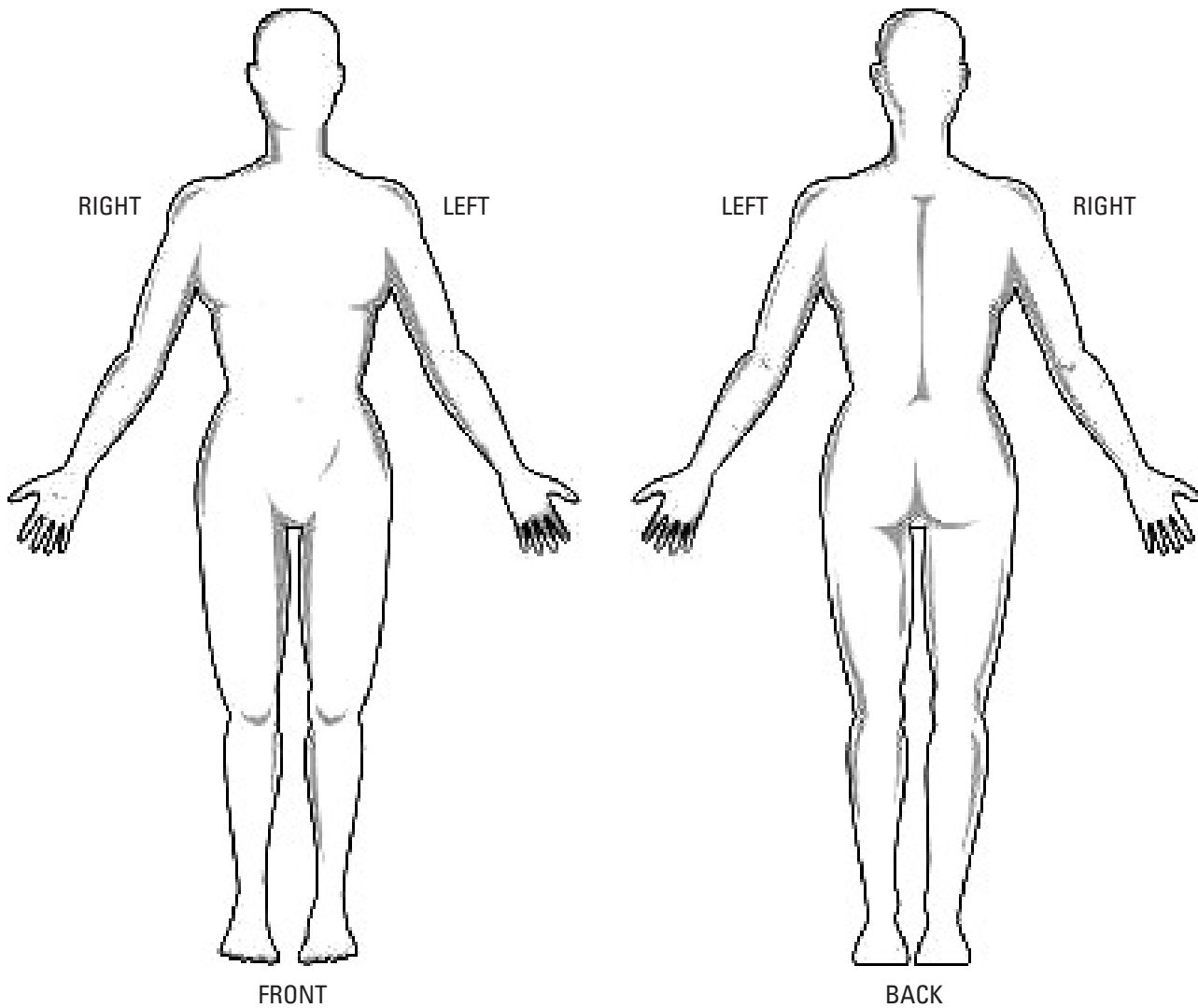
History of chronic pain Yes No

Family history of chronic pain, back/neck problems, or arthritis? Yes No

Have you had any previous surgery? Yes No If yes, list procedure(s) and date(s):

Please fill in the diagram showing where your pain is and what kind it is:

==== = Numbness ○○○○○○ = Pins and Needles // // // // = Stabbing Pain
 XXXXX = Burning VVVVV = Aching



Please rate your pain using the two diagrams below: (circle number)

